



Special Events

For more information, visit us online at PortsVaEvents.com

Echoes of Joy

January 28, 2012, 11AM - 3PM, Neighborhood Facility – A special day to feed and clothe needy children and adults.

Praise in the Park

March 31, 2012, 1PM - 4PM, Portsmouth City Park – An afternoon of fun and fellowship inclusive of praise dancers, mimes, gospel DJ, poetry, soloist, choirs and more. "Open Mic" format. Register on site. All performers welcome.

Portsmouth Invitational Tournament

April 11 - 14, 2012, Churchland High School – 60th Annual Tournament showcasing the best in college basketball.

Feminine Frills

April 28, 2012, 12 NOON - 3PM, Cradock Recreation Center A day of leisure and pampering for the ladies of Portsmouth and surrounding cities.

Youth Expo

TBA, Portsmouth City Park – A day for children and their parents to play and learn

Umoja Festival

May 25 - 27, 2012, Harbor Center Pavilion – An African-American cultural celebration.

Memorial Day Parade

May 28, 2012, 11AM – "The Country's oldest, continuously running parade."

Seawall Music Fest

June 8 - 9, 2012, North Landing Park Free waterfront concerts and family festivities to coincide with Norfolk's Harborfest.

25th Annual Cock Island Race

June 15 - 16, 2012, North Landing Park Called the "Best Sailing Event on the East Coast" by landlubbers and sailors alike.

Virginia Cooperative Extension

**Horticulture Events
January – June 2012
105 Utah Street, Portsmouth, Virginia 23701
393-5197**

Program:
Gardening Lectures
Portsmouth Public Library Churchland Branch
Open to the public for all ages
6:30pm – 7:30pm

January 10, 2012
Free lecture on Tropical plants in Tidewater

February 14, 2012
Free lecture on Seed Starting!

March 13, 2012
Free lecture on Pruning Trees and Shrubs!

April 10, 2012
Free lecture on Spring Garden Tasks!

May 8, 2012
Free lecture on Salt Tolerant Buffer Plants!

June 12, 2012
Free lecture on Growing Fruits, Berries and Nuts!

Program:
Rain Barrel Workshop
**Virginia Cooperative Extension 105 Utah Street,
Portsmouth**
Open to the public • 6:30pm – 7:30pm

April 26, 2012
Cost \$40.00 Call 393-5314 or
email cyndiw@vt.edu to register

May 31, 2012
Cost \$40.00 Call 393-5314 or
email cyndiw@vt.edu to register

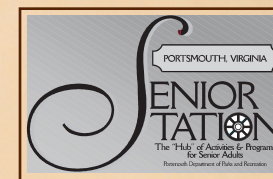
June 21, 2012
Cost \$40.00 Call 393-5314 or
email cyndiw@vt.edu to register

Program:
: Portsmouth Master Gardener Open
Garden/ Plant Sale Event
**Virginia Cooperative Extension 105 Utah Street,
Portsmouth**
Open to the public for all ages
6:30pm – 7:30pm

May 19, 2012
Plant sale, gardening lectures, Display Garden tours
Call 393-5314 or email cyndiw@vt.edu
for more information



Senior Station Events



3500 CLIFFORD STREET, PORTSMOUTH, VIRGINIA 23707 391-3241

Senior Station is the hub for senior activities! If you are over the age of 55 and are looking for a fun way to spend your days, we have just what you are looking for! Whether it is our daily activities, weekly trips, or special events, there is something for everyone! We look forward to making memories with you!

Program: Christmas Party
Date: December 9, 2011
Time: 10:00am- 2:00pm
Location: NF
Target Ages: 55+
Description: Please join us for our annual Christmas Party! There will be food, drinks, dancing, and an overall good time! This event is sponsored by the Portsmouth Task Force on Aging.

Program: New Years Party
Date: January 3, 2012
Time: 10:00am -2:00pm
Location: Senior Station
Target Ages: 55+
Description: Join us in celebrating 2012. Come party with us! Cost TBA.

Program: Valentines Party
Date: February 14, 2012
Time: 10:00-2:00
Location: Senior Station
Target Ages: 55+
Description: Love is in the Air! Join us in celebrating Valentines Day! Cost TBA

Program: Easter Eggstravaganza
Date: April 6, 2012
Time: 10:00- 2:00pm
Location: Senior Station
Target Ages: 55+
Description: We are having our annual Easter party and would love for you to join us! This will be a fun time filled with food, dancing, and of course Easter Egg Hunting!

Program: Fish Fry
Date: June 8, 2012
Time: 11:00am -2:00pm
Location: Senior Station
Target Ages: 55+
Description: Like fish?! Eat til you BURST!!! Cost TBA.

Program: CRAB Feast
Date: July 20, 2012
Time: 11:00am -2:00pm
Location: Senior Station
Target Ages: 55+
Description: Crabs, Crabs, and More Crabs! Come Hungry, Leave Happy! Cost TBA



"High 5" Spring Break Program

April 9 - 13, 2012
6:00am - 6:00pm
CM, JEP, PN, NF, and CD

Five fun-filled days of high impact recreation activities for youth ages 6 – 17. Lunch will be provided.

Athletics



• **Youth Basketball Information:** City Wide Youth Basketball Tournament brings together the best youth basketball talent throughout the city for a six-day tournament to crown the overall champion. March 5 - 9 and 12 - 13. Time: 5:30pm until 8:30pm. For more information, contact Clifton Jones at 393-8481 x 4119.

• **Adult Softball Information:** Men's Open A, Men's Open C, COED, Women's Church, and Men's Church leagues. Season begins Monday, April 16. Registration fee \$400 per team due Friday, March 30. Games played at Churchland Park, Douglass Park, Highland Biltmore and Cradock fields. Contact Tara Sagedy 393-8481 x4127.

• **Lunchtime and Evening Group Exercise Classes.** Class days and times vary. Contact Tara Sagedy 393-8481 x4127.

Recreation FOR GENERATIONS

Welcome to our **Recreation For Generations** Winter/Spring 2012 issue.



HAPPY NEW YEAR!!! We invite you to join us in 2012 as we have prepared an exciting year of programs, fun-filled activities and special events for all ages!!!

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Come join us as we offer a day of pampering to all homeless individuals in The City of Portsmouth. The "Echoes of Joy" program which has been held annually for over 20 years will take place on **Saturday, January 28, 2012**. We will provide, hot meals, hair washing, haircuts, shaves, health screenings, blood pressure/glucose checks, clothes and just a day of relaxing. I encourage you to make a difference in the lives of the needy by volunteering your services. If interested, please contact Tony Colden at 393-8481.



The month of April is full of surprises as we will host the annual **Portsmouth Invitational Tournament (P.I.T.)**, which will showcase college basketball senior standouts from all over the USA. Can you believe that the P.I.T. is in the 60th year of existence? The tournament will be held nightly at Churchland High School and the dates are **April 11-14, 2012**.

For the ladies, if basketball is not your activity of choice, then join us at the annual **Feminine Frills "Day of Pampering" April 28, 2012** as we provide you with a day of complete uninterrupted pampering. If interested, contact Michelle Eady at 393-8481. Also for the month of April, Pokey Smokey II is back on track. If you have not had the opportunity to ride Pokey Smokey II, then join us in bringing your children out or maybe even taking a ride yourself on the infamous Portsmouth artifact. While you are making plans to ride Pokey Smokey II, take the opportunity to reserve one of our many picnic shelters and plan on spending a day with us at beautiful City Park.

Changes for 2012
The **22nd Annual Umoja Festival** will be held on Memorial Day weekend. The dates for the

festival are **May 25-27, 2012** and will be held at the newly developed festival grounds located



next to nTelos Wireless Pavilion. If you want to enjoy, good entertainment, great food and even do a little shopping, load up the car and bring the entire family out and spend the weekend with us celebrating unity in the City of Portsmouth. You can also close out the holiday weekend by attending the 128th annual Memorial Day Parade. Yes, the Memorial Day Parade has been an icon in this city for 128 years. Arrive early, bring your favorite lawn chair, sit back relax and enjoy this great parade.

We also offer a variety of fitness classes, athletic leagues and sports programs for youth and adults. If you are interested in classes, basketball, softball, baseball or soccer, please contact the Athletic Office at 393-8481.

Something New for 2012...

The Department of Parks, Recreation & Leisure Services will offer online registration and payment services for all programs, classes and Adult Athletic programs. Date of online registration TBA



The 6 TO SIX Before & After care program is being offered at 15 Elementary Schools and registration is continuous daily. For more information about our on line payment services and for the program, please contact our office at 393-8481.

Whatever your interest is, please join us in taking full advantage of the many programs and services we have available.

Facilities and Staff:

Main Office:

Department of Parks, Recreation and Leisure Services
801 Crawford Street, Portsmouth, VA 23704
757-393-8481 / Fax: 757-393-8265
Margaret Thorne, Assistant Director

Portsmouth City Park
7 CPL J.L. Williams Avenue
Portsmouth, VA 23701-1567
393-8481 x 4273
Lorraine Stokes

Cavalier Manor Recreation Center
404 Viking Street
Portsmouth, VA 23701-3216
558-2805, Gym 558-2804
Byron Joyce

Craddock Recreation Center
4300 George Washington Hwy.
Portsmouth, VA 23702-2860
391-3264/5 Fax: 393-8166
Elizabeth Stackhouse

J. E. Parker Recreation Center
2430 Tumpike Road,
Portsmouth, VA 23704-2941
393-8340
Vernon Griffin

Neighborhood Facility Recreation Center
900 Elm Avenue,
Portsmouth, VA 23704-4112
393-8595
Rodney L. Granger, Jr.

Port Norfolk Recreation Center
432 Broad Street,
Portsmouth, VA 23707-2004
393-8256 / Fax: 393-8802
Vivian Franks

The Senior Station
3500 Clifford Street,
Portsmouth, VA 23707-4048
391-3241
Rebecca Bradford
Ruenda Gray

Therapeutic Recreation JFK Recreation Center
12 Grand Street,
Portsmouth, VA 23701-3012
393-8481 x 4125
Art Williams

Recreation Supervisor
393-8481 x 4116
Tony Colden

Recreation Supervisor – Athletics
393-8481 x 4119
Clifton Jones

Recreation Specialist – Athletics
393-8481 x 4127
Tara Sagedy

Recreation Superintendents
393-8481
Michelle L. Eady x 4112,
Aurthor C. Williams, Jr. x 4125

Administrative Coordinator III
393-8085 x 7403
Renee Spratley

6 to Six Before and After School Program
Assistants
393-8481 x 4105
Angela Hollingsworth
Britny Barfield

Virginia Cooperative Extension Service
105 Utah Street
Portsmouth, VA 23701-2906
393-5197 Fax: 393-8009

Cyndi Wyskiewicz
Environmental Horticulture,
Unit Coordinator

Crystal Barber
Food, Nutrition and Health
Agent

DeAnna Heggen
Program Assistant
Family Nutrition Program
www.ext.vt.edu

Willet Hall
3701 Willett Drive
Portsmouth, Virginia 23707
393-5144/393-8481
Valora Baskerville

Youth Development Programs

Youth Development Division
Contact Art Williams at 393-8481 x 4125



Physical Development

Ja Makin' Me Move™ Youth Exercise Group – Reggae influenced dancehall exercise program guaranteed to “make them move”. Tuesday and Thursday • 5:00PM-5:30PM (starting Jan. 10 – April 12) • Cavalier Manor Center • Ages 10-17
Porlicia Brown, Instructor

Social/Cultural Awareness

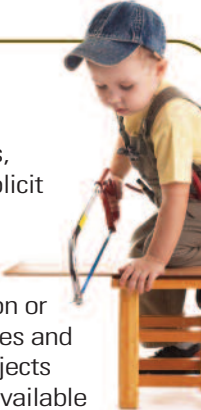
Youth Exposure Program – Weekly outings focused on exposing youth to cultural and social events. Weekdays and Weekends • Times will vary. Participation based on program registration and parental consent form. Ages 6-17

Service

Youth Outreach Services Program – Voluntary and/or mandated community services program held at various recreation centers by request (voluntary) or by appointment (mandated). Partnering Agency (Friends of the Portsmouth Juvenile Court).

Incentive Fund

The City of Portsmouth Department of Parks, Recreation and Leisure Services annually solicit requests from civic, social and community organizations for Incentive Fund Program funding. This program provides matching funds for beautification projects, construction or improvements to recreation and park facilities and the purchase of playground equipment. Projects must benefit the entire community and be available for all citizens to use. Applications can be obtained by contacting 393-8481. It is never too early to be thinking of the future! Visit our website www.portsmouthva.gov



Portsmouth City Park

Reservations will be open to the public effective January 9, 2012. Physical rentals will not take place until March 1, 2012. For information regarding shelter rentals, Friendship Gardens, birthday and wedding packages, display room and pavilion usage, contact Lorraine Stokes at 393-8481 ext 4273



Pokey Smokey II 2012 HOURS OF OPERATION

April 7 - June 10
Saturdays and
Sundays
11AM - 5PM

May 28
(Memorial
Day)
11AM - 5PM

June 19 – September 2
Tuesdays through Sundays
10AM - 7PM
Closed Mondays
except Holidays

September 3
(Labor Day)
10AM - 7PM

September 9 - October 28
Saturdays and Sundays
11AM - 5PM



January

Program: New Year's Celebration
Date: January 6, 2012
Time: 5:00pm - 8:00pm
Location: JEP
Target Ages: 6-17

Dance designed to celebrate the arrival of the New Year. For more info contact: Vernon Griffin (757) 393-8340

Program: Martin Luther King Day Celebration
Date: January 12, 2012
Time: 4:00pm - 6:00pm
Location: CD
Target Ages: 6-17

Come celebrate with the Dream Seekers through speeches and visual art. For more info contact: Elizabeth Stackhouse (757) 968-7104

Program: African - American Hunt for Inventors
Date: January 13, 2012
Time: 4:45pm - 5:30pm
Location: CM
Target Ages: 6-12

Participants will take place in a race to the finish as they each try to find items that African – American men and women have invented through the years.

Program: “New Year Health Jam”
Orientation Party
Date: January 19, 2012
Time: 5:00pm - 6:00pm
Location: NF
Target Ages: Pre-K-17

This is a welcoming party for old and new to the participants and parents to our after school program to come and do some line dancing. Contact: Rodney L. Granger Jr. (757)393-8595

Program: REV IT UP
Date: January 23 - 27, 2012
Time: 4:30pm - 5:30pm
Location: PN
Target Ages: 6-12

A week of rejuvenation inspiring and equipping youth to continue to focus and excel during the remaining school year through fun activities



February

Program: Sweetheart Dance
Date: February 9, 2012
Time: 5:00pm - 8:00pm
Location: JEP
Target Ages: 6-17

Dance to celebrate the Valentine season. For more info contact: Vernon Griffin (757) 393-8340

Program: Valentines Day Celebration
Date: February 14, 2012
Time: 5:00pm - 8:00pm
Location: CD
Target Ages: 6-18+

Bring that special someone for a special Valentines treat. For more info contact: Elizabeth Stackhouse (757) 968-7104

Program: The “Be My Valentine” Bash
Date: February 14, 2012
Time: 4:45pm - 5:30pm
Location: CM
Target Ages: 6 – 12

Enjoy a day of love. Children will create Valentine’s Day Cards and surprise one another with a special delivery followed by a viewing of the classic Peanuts film, “Be My Valentine Charlie Brown”.new school year. School supplies give-a-ways, crafts, sessions on getting organized, staying organized, developing study habits and more.

Program: “Valentine Luau”
Date: February 14, 2012
Time: 4:30pm - 6:00pm
Location: PN
Target Ages: 6 - 10

No shoes required. An event for youth that will include games, a dance contest and hearts full of fun.

Program: “Black History Symposium”
Positive Local Talent/Historian
Date: February 17, 2012
Time: 6:00pm - 8:00pm
Location: NF
Target Ages: Pre-K -17

This program is to celebrate positive African American artists within our community that demonstrates quality characters in dance, motivational speaking, poetry, etc. Contact: Rodney L. Granger Jr. (757)393-8595

Program: “Big Hearts”
Food/Clothing Drive
Date: February 24, 2012
Time: 5:00pm - 6:00pm
Location: NF
Target Ages: Pre-K- 17

This program is to encourage the act of giving within our community to children in need of clothing and food. Contact: Rodney L. Granger Jr. (757)393-8595



March

Program: Portsmouth’s Annual Bike Day
Setting Goals and Working
Towards Them
Date: March 3, 2012
Time: 10:00am -12:00pm
Location: NF
Target Ages: Pre-K-17

This program will teach young kids and adults that bicycling is a regular exercise that leads to a healthy body and help prevents disease and shorten lifespan

Recreation Center Programs

Program: Mardi Gras
Date: March 9, 2012
Time: 4:30pm - 5:30pm.
Location: PN
Target Ages: 6 - 12

An exploration of the tradition New Orleans Mardi Gras.

Program: Leprechaun Treasure Hunt
Date: March 15, 2012
Time: 5:00pm - 7:30pm
Location: CD
Target Ages: 6-17

Follow the rainbow clues to find the Leprechaun’s treasure chest filled with golden surprises. (Anyone under the age of 8 must be accompanied by an adult) For more info contact: Elizabeth Stackhouse (757) 968-7104

Program: “Living Green”
Conserving Natural Resources
Date: March 15, 2012
Time: 4:00pm - 5:00pm
Location: NF
Target Ages: Pre-K-17

This program is to spread both education and motivation about conserving natural resources, recycling, and embracing overall health lifestyle changes. Contact: Rodney L. Granger Jr. (757)393-8595

Program: Lucky Charm Sock Hop
Date: March 16, 2012
Time: 5:00pm -7:00pm
Location: JEP
Target Ages: 6-17

Dance to celebrate Saint Patrick’s Day. For more info contact: Vernon Griffin (757) 393-8340

Program: “Planting a Seed Towards our
Future” Setting Goals and Working
Towards Them
Date: March 20, 2012
Time: 4:00pm - 6:00pm
Location: NF
Target Ages: Pre-K-17

This program will encourage youth to take their education and their future dreams seriously. Each participant will plant a seed in their individual cup to nourish their dreams and goals as they begin to blossom throughout adolescents into young adulthood. Contact: Rodney L. Granger Jr. (757)393-8595

Program: Spring – Bling Dance Off
Date: March 21, 2012
Time: 6:00pm - 7:00pm
Location: CM
Target Ages: 17 and under

Gather for a night of dance! Local dance groups showcase their skills during this exciting event.



April

Program: Easter Egg Hunt
Date: April 6, 2012
Time: 4:45pm - 5:30pm
Location: CM
Target Ages: 6 - 12

Children will have fun “discovering” the hidden eggs and their prizes!

Program: Green Thumbs
Date: April 9-13, 2012
Time: TBA
Location: PN
Target Ages: 6-12

During the Spring Break Camp and in honor of National Lawn and Garden participants will learn the basic of caring for plants and starting a vegetable garden.

Program: Garden of Life
Celebrating Earth Day
Date: April 19, 2012
Time: 4:00pm - 6:00pm
Location: NF
Target Ages: Pre-K-17

This program will instill leadership and community partnering by engineering the skills of gardening to help people come together to celebrate mother Earth. Contact: Rodney L. Granger Jr. (757)393-8595

Program: Egg Hunt
Date: April 20, 2012
Time: 4:30pm - 6:00pm
Location: CD
Target Ages: 6-12

Golden Eggs, candy eggs and prize eggs are yours to find in and outside the center. Come join the fun. Bring your own baskets to hold your prizes. For more info contact: Elizabeth Stackhouse (757) 968-7104.

Program: An Egg-stravaganza
Date: April 20, 2012
Time: 6:00pm -7:00pm
Location: JEP
Target Ages: 6-17

Hunt for candy filled eggs throughout a safe and open area. For more info contact: Vernon Griffin (757) 393-8340

Program: Spring Thing
Date: April 27, 2012
Time: 4:00pm - 5:30pm
Location: PN
Target Ages: 6 - 12

Enjoying the return of spring, youth will enjoy lots of outdoor games and challenges to celebrate the return of spring



May

Program: Portsmouth’s Finest: Recognizing
Our Men Celebrating the Men in
our Community
Date: May 5, 2012
Time: 10:0am - 2:00pm
Location: NF
Target Ages: 18+

This program is a celebration of Portsmouth’s gentlemen by rewarding them in appreciation for their dedication to our city with vendors bringing all the lovely little delights that men have grown to enjoy (sports, game system competition, local barbers, car dealership information, etc) Contact: Rodney L. Granger Jr. (757)393-8595

Program: Mothers Day Gift Making
Date: May 9-10, 2012
Time: 4:00pm - 5:00pm
Location: JEP
Target Ages: 6-17

Design a gift that she will adore. For more info contact: Vernon Griffin (757) 393-8340

Program: A Dinner for Mom
Date: May 10, 2012
Time: 6:00pm - 7:00pm
Location: CM
Target Ages: All Ages

Celebrate mom and all she’s done. Experience her joy as she feels appreciated with a special dinner made just for her.

Program: Flowers for Your Special Mom
Date: May 11, 2012
Time: 5:00pm - 8:00pm
Location: CD
Target Ages: Moms of all ages

Moms, Grand Moms, Foster Moms, and Special Moms young and seasoned will be celebrated in a very special way. Your presence is requested. Pre-Registration is required.



June

Program: Fathers Day Gift Making
Date: June 13-14, 2012
Time: 4:00pm - 5:00pm
Location: JEP
Target Ages: 6-17

Design a gift that he will cherish. For more info contact: Vernon Griffin (757) 393-8340

Program: Summer Kick – Off Talent Showcase
Date: June 15, 2012
Time: 4:45pm - 6:30pm
Location: CM
Target Ages: 17 and under

School’s Out!!! Start your summer off right with all the right food at our end – of – the year cookout.

Summer Galaxy Program

2012 Summer Galaxy Program Registration will start on Monday April 16, 2012. Registration Fees \$250 Summer Galaxy will take place at the following recreation centers: Cavalier Manor Recreation Center, Port Norfolk Recreation Center, Craddock Recreation Center, JE Parker Recreation Center, and Neighborhood Facility Recreation Center. Summer Galaxy schools will be determined upon confirmation. For more information on Summer Galaxy, contact Tony Colden or Clifton Jones at 393-8481.

* For information on Therapeutic Recreation Programs, contact Art Williams @ 393-8481 x 4125.